



SCAFFOLDING STUDENTS SERIES
Good Touch Bad Touch

Pre-session Activity

*Who according to you will give you a good touch?
What kind of a touch will they give you?*



Learning Outcomes

At the end of the session students will be able to

- Understand basic feelings and how are they related to touch
- Differentiate between good touch and bad touch
- Deal with bad touch



FEELINGS related to a TOUCH

What do they mean?

Feelings Related to GOOD Touch

- Happy/Joy



- Amusing



- Excited



- Enthusiasm



- Pleasant/Feeling good



We feel COMFORTABLE with a good touch!

Feelings Related to BAD Touch

- Sad



- Afraid



- Angry



- Embarrassed



- Ashamed



Thus, we feel UNCOMFORTABLE with a bad touch!

A Case Study

Let's watch this
video on **GOOD**
touch **BAD** touch:
Komal ki kahani



<https://www.youtube.com/watch?v=CwzoUnj0Cxc>

Discussion Points

1. What is the name of the little girl in the video?

2. What is the video about? _____
3. Komal **enjoyed/did not enjoy** her school. Choose the correct option.
4. Who was trying to make Komal uncomfortable with his touch? _____

You are Special!



I am special.

I have a Wonderful body.

I am the boss of my body.

No one should touch my body
without MY permission!

*I like my self, I like my
private body parts too. And
I need to keep them safe.*



Kinds of Touches

Safe/Good touches-These are touches that keep us safe and are good for our emotional development, making us feel cared for and important.

Examples: *Hugging, pats on the back, and an arm around the shoulder.*

Unsafe/Harmful touches-

These are touches that may hurt our bodies or feelings.

Examples: *Hitting, pushing, pinching, and kicking and unwanted kisses and touches*

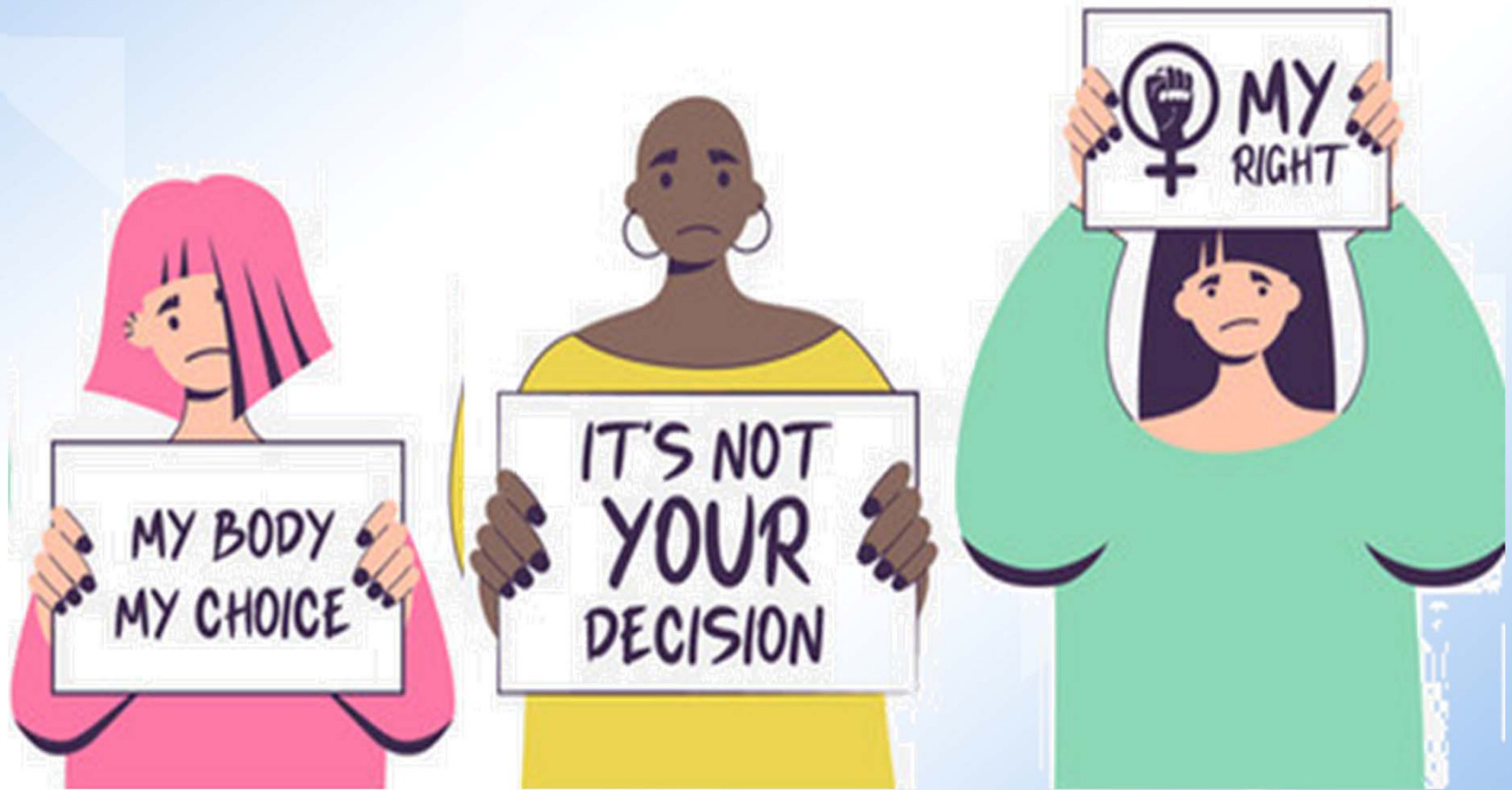
How many of us like hugs, kisses and touches from people we know, love and trust.

You can not allow even your loved one or trustworthy if you don't like hugging, loving or kissing

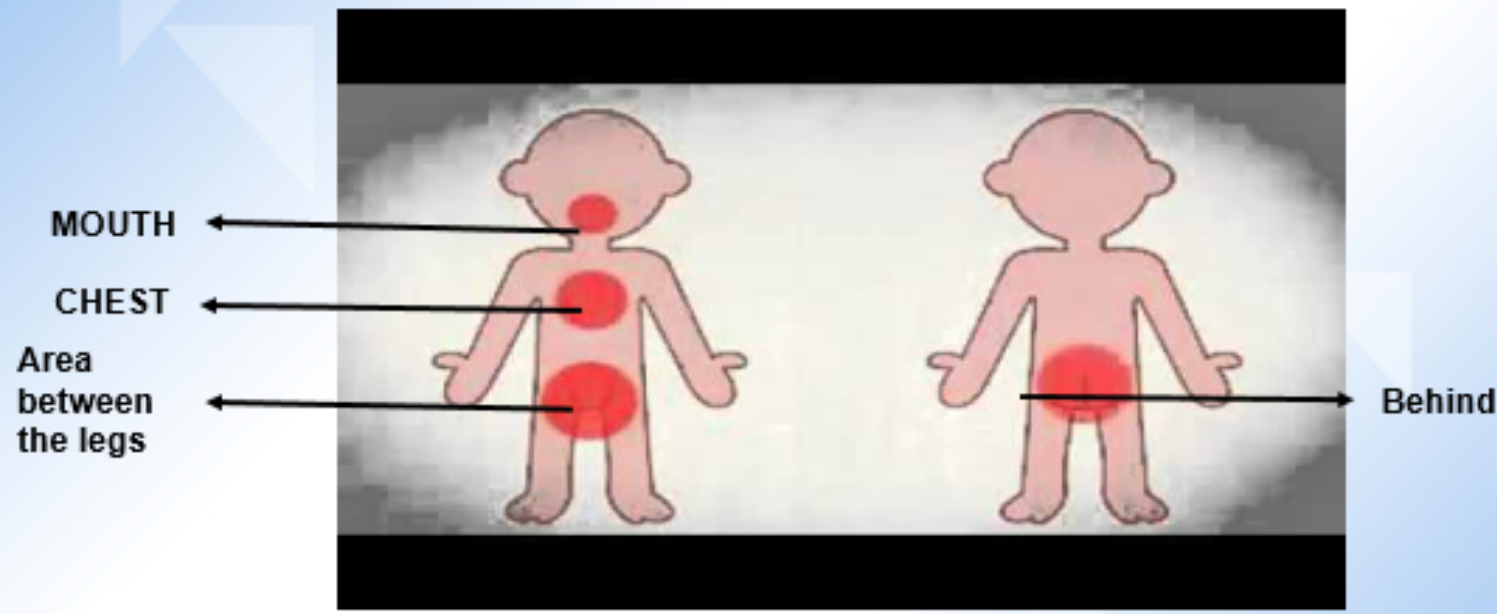
You are the owner of your body. No body can compel you.



Your Body Your Rights!!!



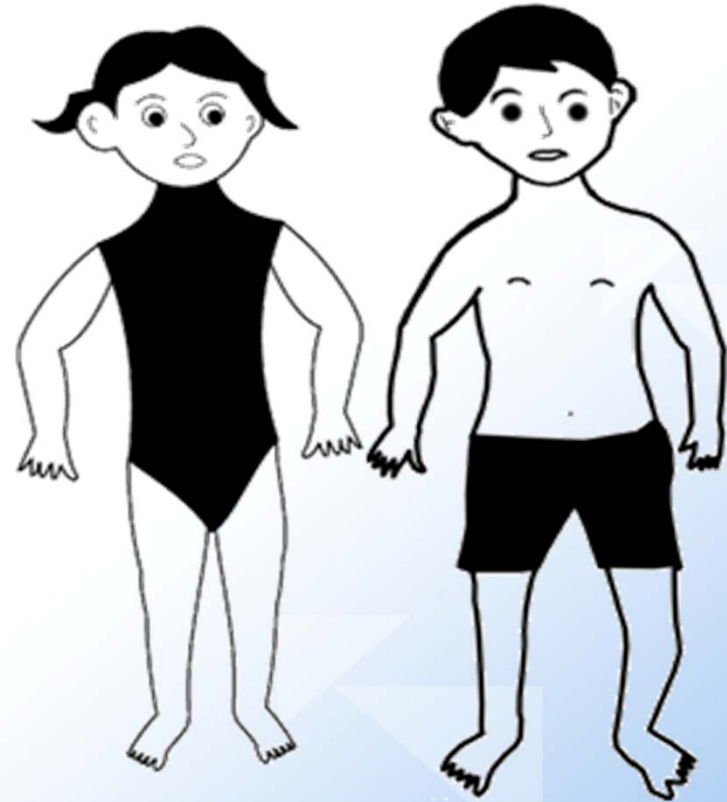
Your Rights to Your Body.... (Contd.)



- ***BE VERY STRICT! NO ONE SHOULD TOUCH US AT THESE AREAS!!***
- ***Anyone touching us at these areas is SEXUAL ABUSE to us!!!***

Rights to Your Body by You

- *Parts covered with a bathing suit are my private body parts.*
- *No one should touch us without our permission at our private parts.*
- *And we also should not touch others in these areas*



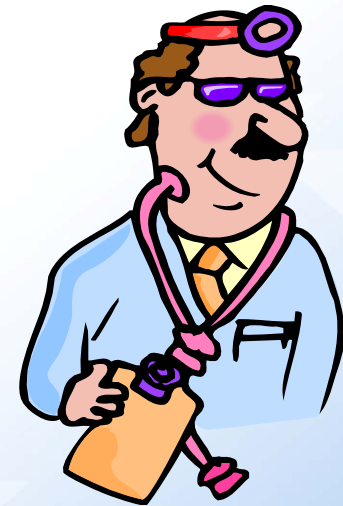
Rights to Your Body by Others

No one should touch your body parts except to keep you clean or healthy. This should only happen when you need help.



It might be when you need help to have a bath or shower.

It might be if you need help for toilet.



It might be when the doctor or nurse has to check everything is ok.

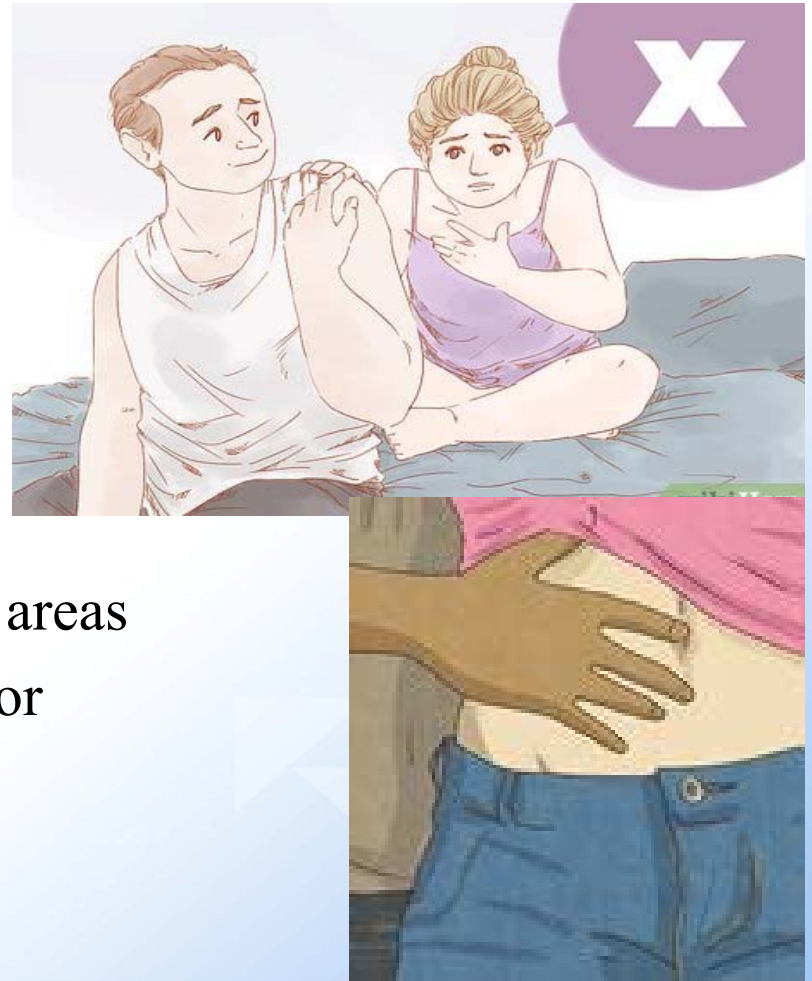
Rules: When Someone Touches You in the Wrong Way



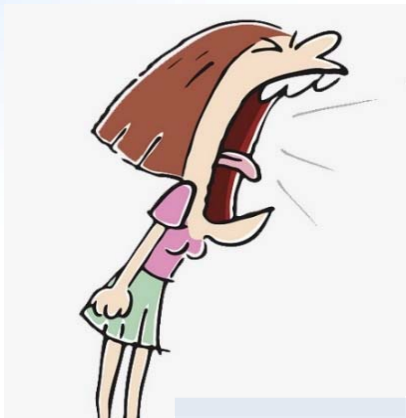
When tickling becomes bad touch

Tickling becomes bad touch when-

- It lasts too long
- It is too hard
- It starts to hurt
- It takes hard to breathe
- You start to cry
- You are being touched in your private areas
- Strangers like bus attendants, drivers or guards try to tickle to have fun



- **Scream:** *No!* Tell the person that you don't like it and you don't want to be touched.



SCREAM: NO!



RUN AWAY

- **Run away** fast from that place. Never stay alone with that person ever again!



- **Immediately tell** your parents, elder sister, known/trusted relative, teacher and tell them everything that happened. You can scream for help if you don't have your elders nearby.
- **Don't keep secrets** that make you feel uncomfortable. **It's NOT YOUR FAULT!**



**TELL PARENTS/
ELDERS/ TEACHERS**

Remember.....

**IT'S NOT
YOUR
FAULT**



.....If someone touches you the
wrong way!

Reflection

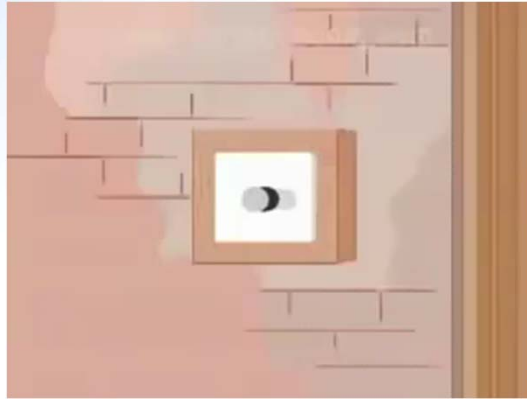
If someone touches you in a wrong way, you have a right to:

- a) Say NO!
- b) Get away
- c) Ask for HELP
- d) Scream
- e) All of these

Student's Activity: Video cases

Let's watch a few short video clips on how we can make use of rules to avoid situations when someone touches you in the wrong places.

Video case 1



1. *The girl in the video does not go inside the house knowing that there was no one else except for the Uncle. Was she right in her decision not to go inside the house? Y/N*
2. *Was the girl afraid of saying NO? Y/N*

Video case 2

1. *What was Salman trying to do in the video?*
2. *Was Salman trying to influence Nomi with some bad movie? Y/N*
3. *Nomi's mother stopped Salman for seeing movie? Was she right in her action? Y/N . Why?*



Video case 3

1. *How does the young boy avoid going into the jungle with the elder boy?*

2. *Did the young boy give in to the elder boy's blackmailing?*

Y/N. How can you say so?



Video case 4



1. *What was the driver trying to do with the boy?*
2. *How did the boy reacted?*

Time for Group Discussion

Group-1



Group-2



Group-3



Group-4





**Remember,
All genders
have equal
risk of bad
touch.
Stay Alert!**

**Any Questions
Raise your hand ,we
will hear you out!**



**Thank You!
Stay Safe Be
Happy!!**