



# Students' Scaffolding Series

## INTERPERSONAL RELATIONSHIP

# Pre-Session Activity

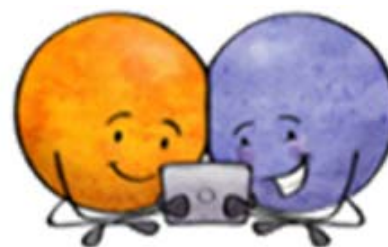
Here are shown some basic etiquettes. Look at them and answer the questions on next slide!



Table manners



Having a positive attitude



Working with others



Using polite words



Taking turns



Greetings

# Pre-Session Activity – Discussion Forum

- *Do we expect our friends, relatives and family members to show these basic skills?*
- *Do you show these basic skills ?*

***Make pairs and discuss the IMPORTANCE of these skills in making others comfortable and building strong relationship!!!***

# Learning Outcomes

- **What** is interpersonal relationship?
- **What** is the need of interpersonal relationship?
- **How** can we improve our interpersonal relationship skills?

# A Case Study

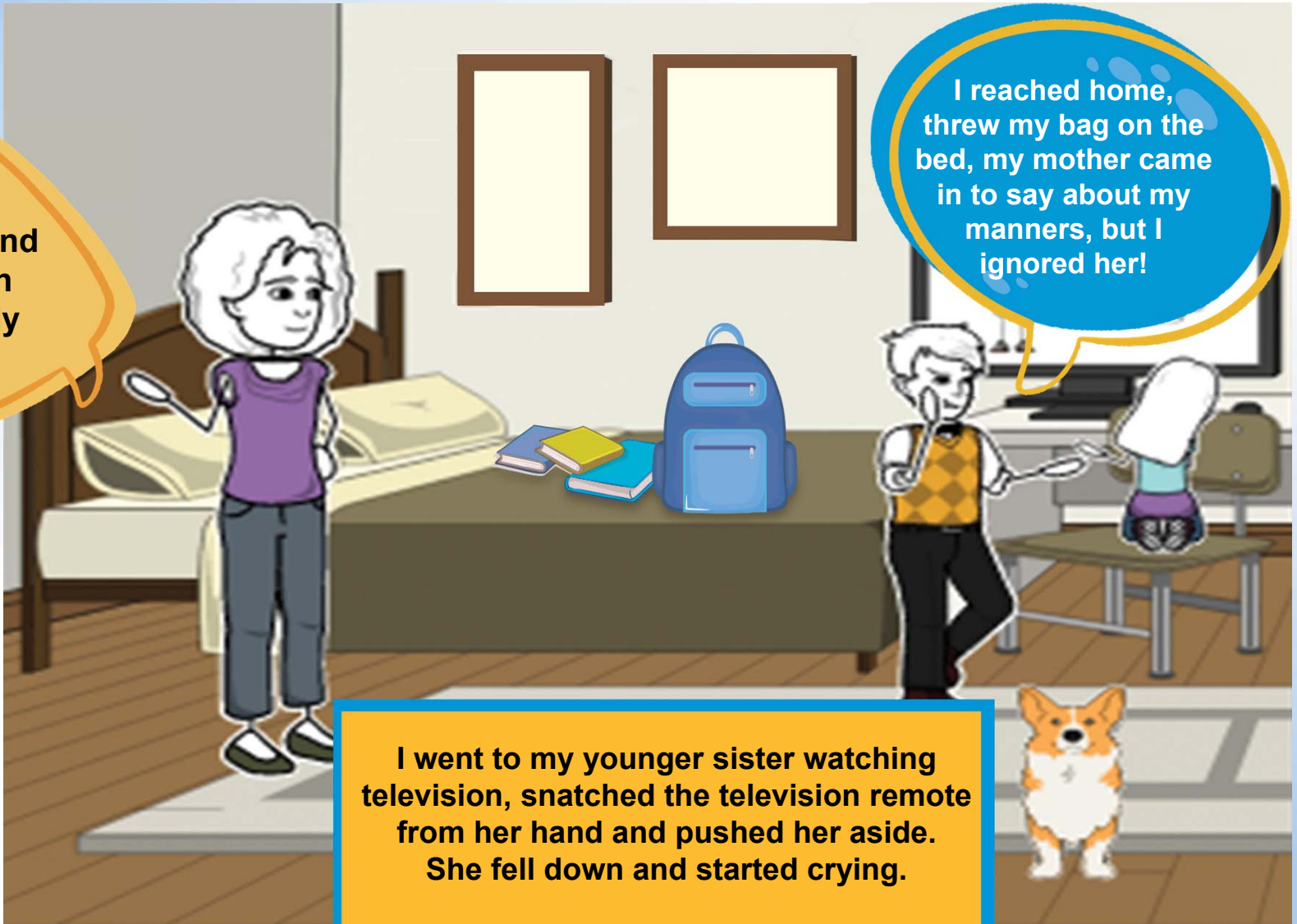
I am Manvit, a 10 year old boy studying in class 4 of Satya Bahrti school Dhanaura Jattan in Haryana.  
Let us look at one of my afternoon at home.

**Pick up  
your bag and  
keep it on  
your study  
table.**

**I reached home,  
threw my bag on the  
bed, my mother came  
in to say about my  
manners, but I  
ignored her!**

**I went to my younger sister watching  
television, snatched the television remote  
from her hand and pushed her aside.  
She fell down and started crying.**

**bharti**



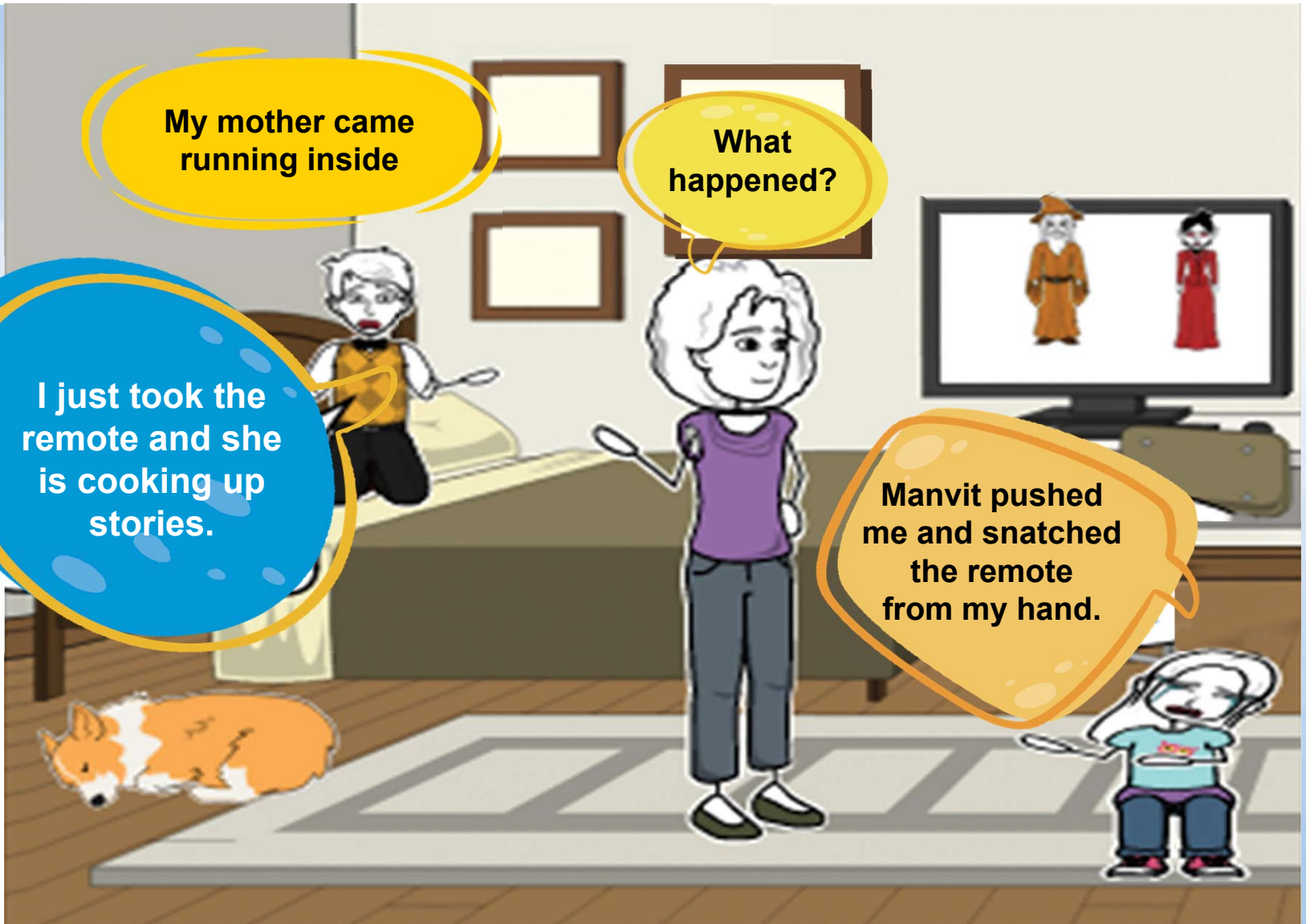
**My mother came running inside**

**What happened?**

**I just took the remote and she is cooking up stories.**

**Manvit pushed me and snatched the remote from my hand.**

**bharti**



Oh it was all her fault, she watches so much cartoons, she could have given me the remote when I asked her and you always favour her.

But my mother was adamant and said. "Say sorry to her, she is hurt."

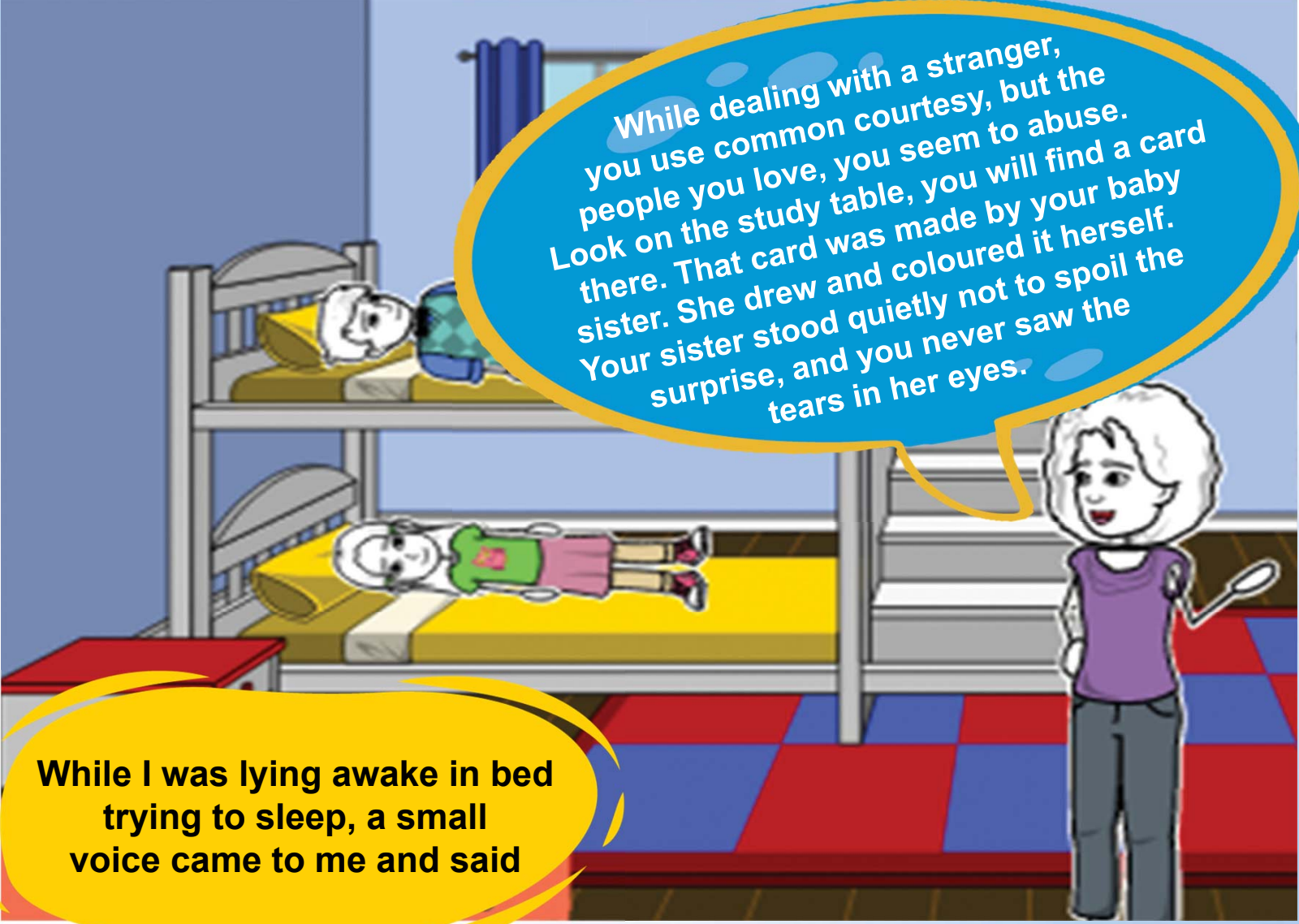




Later that day, while I was doing my homework, my sister stood beside me very still. When I turned, I nearly knocked her down. I said with a frown. My sister walked away, her little heart broken. I did not realise how harshly I have spoken.

Move out of my way





While dealing with a stranger, you use common courtesy, but the people you love, you seem to abuse. Look on the study table, you will find a card there. That card was made by your baby sister. She drew and coloured it herself. Your sister stood quietly not to spoil the surprise, and you never saw the tears in her eyes.

While I was lying awake in bed trying to sleep, a small voice came to me and said

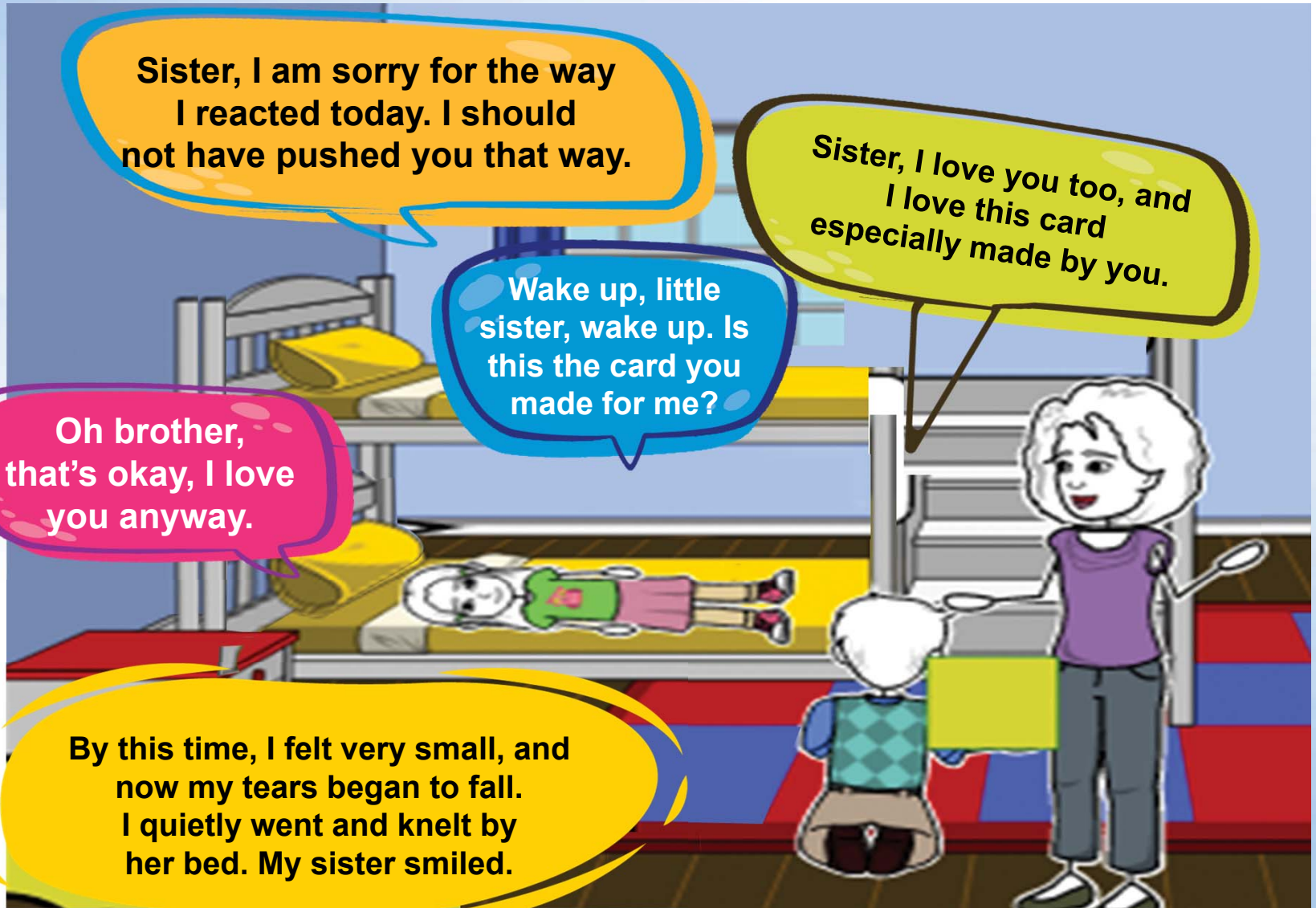
Sister, I am sorry for the way I reacted today. I should not have pushed you that way.

Sister, I love you too, and I love this card especially made by you.

Wake up, little sister, wake up. Is this the card you made for me?

Oh brother, that's okay, I love you anyway.

By this time, I felt very small, and now my tears began to fall. I quietly went and knelt by her bed. My sister smiled.



# Reflection Questions on Case Study 1

1. Are you able to correlate to this situation? Y/N
2. Would you have acted differently had you been at Manvit's place? Y/N. And why?
3. Manvit was not behaving well at home as he...
  - a. Lacked empathy
  - b. Had ineffective communication skill
  - c. Has issues with managing emotions
  - d. All of the above
4. Do you think Manvit's interpersonal skills were good? Y/N. How can you say so?

*Can say that...*

***Interpersonal relationship*** refers to the interaction (social and emotional) between two or more people. These people can be our friends, relatives, neighbours, our family members or any other in our connection.

## Case Study - 2

Sonika is an 11 year old girl, studying in class 5. Her parents always guide her to learn good manners. Her parents noticed one day, while they were in a party that she kept silent throughout and was not responding with children of her age group.

When their friends asked Sonika her name, she did not answer, rather kept looking down and was biting her nails.



## Case Study – 2 (Contd. )

They realised she may be not responding due to shyness, also, she always made excuses for not participating in cultural event at school. They had even complained the head mistress once.

The head mistress told them that she keeps her bag and books unarranged and quarrel with her younger sister at home.



## Reflection – Case Study 2

- *Do you think Sonika has good interpersonal skills?*
- *List out the interpersonal skills that Sonika can improve upon.*
- *What would you do if you were at her place?*
- *Your suggestion to Sonika. (Write a few suggestions on improving her interpersonal skills)*





# Need of Interpersonal Relationship Skills

***Why do you think we need to have good interpersonal skills?***

# How can we improve our Interpersonal Relationship skills?

- We should be good **listeners** and we should listen with curiosity.
- We should be **careful about our body language**. We should not forget that as we interpret others, we might also be judged by others.
- We should also **interact with people from other cultures and beliefs**. We should be open to understand and appreciate their customs.
- We should be good in communication (both verbal and non verbal).

# Tasksheet

*Here are given some situations. Read them, think and write which interpersonal relationship skills you will use.*

Situation	Your Action
1. You are given the task to lead an event (Dance performance of your class) in your school. Some of the kids are senior than you in the team. Which interpersonal skill will you use so that those kids don't envy you as you are selected as leader of the team.	
2. You have shifted to a new place. Your new neighbours are unknown to you and you are unknown to them. Do you think you should approach them first to get to know each other? Why/why not?	
3. It is Saturday. Your friend wants to come to your place and stay with you overnight. You have some exams on Monday. What would you do so that your relationship with him is not affected?	

Any  
Questions?

THANK  
you