



Students' Scaffolding Series

INTERPERSONAL RELATIONSHIP

Pre-Session Activity

One of your old school friend has called to inform you that she/he is coming to see you on the coming Sunday and would like to stay overnight. You have a class test on Monday.



1. You will tell her / him
- a) not to come and that you are busy
- b) you have lots of guest at home and no place to stay.
- c) will prepare for the test before hand and be ready to welcome her/him
- d) You are thrilled to have her/him at home



2. If you have chosen option (d), is it because you are actually happy to see your friend or is it because you now have an excuse not to prepare for your class test?

3. What does your answer (to both questions) tells about YOU?



Pre-Session Activity – Discussion Forum

- *Do we expect our friends, relatives and family members to show these basic skills?*
- *Do you show these basic skills ?*

Make pairs and discuss the IMPORTANCE of these skills in making others comfortable and building strong relationship!!!

Learning Outcomes

- **What** is interpersonal relationship?
- **What** are the types of interpersonal relationship?
- **What** is the importance of interpersonal relationship?
- **How** can we improve our interpersonal relationship skills?

What is Interpersonal Relationship?

Let us watch this video to understand what interpersonal relationship mean!



https://www.youtube.com/watch?v=q2RJ_5YbBoE

Brainstorming: Discussion Forum

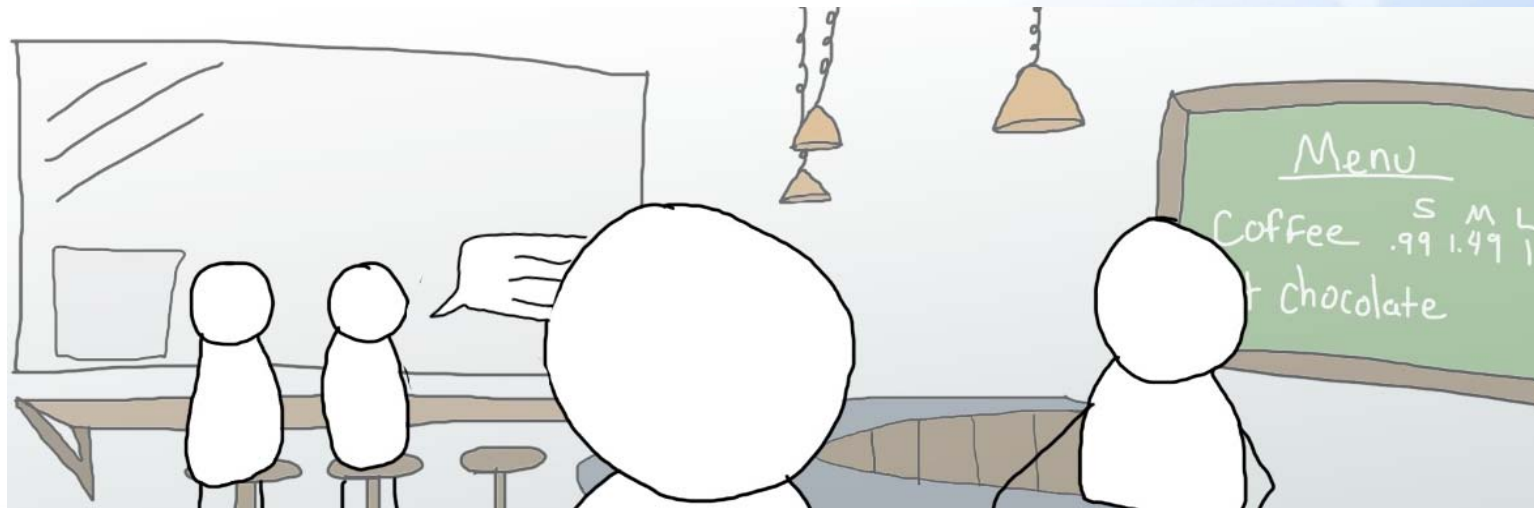
- 1. What did you deduce from the video? Explain in your own words.*
- 2. Can you now define interpersonal skills?*
- 3. Whom do you find in the video whose interpersonal skills were very good? And how?*
- 4. Was Divya right in her approach towards dealing with the problems at home and school?*

Thus, we can say that...

Interpersonal relationship refers to the interaction (social and emotional) between two or more people. These people can be our friends, relatives, neighbours, our family members or any other in our connection.

Types of Interpersonal Relationships

- Friendship
- Family and blood relations
- Teacher pupil communication
- Brotherhood and sisterhood
- Acquaintances (people whom we know but they are not our close friends)



Activity: Social Skills Write Up

Step 1: Make a list of all the manner words you know.

Step 2: Write a story about a time where you have used one or more manner word/s.



What is the Importance of Interpersonal Relationship?

- **Interpersonal relationship skills** help us to interact positively with our friends, family members and our other relations.
- These skills help us to sort out issues where there are chances of conflict.
- With the help of these skills, we become social friendly.
- We are loved and respected in our school, relation and even with newly known people.
- Our overall performance improves as an individual and as a team member.

How Can We Improve Our Interpersonal Relationship Skills?

- We should be good **listeners** and we should listen with curiosity.
- We should be **careful about our body language**. We should not forget that as we interpret others, we might also be judged by others.
- We should also **interact with people from other cultures and beliefs**. We should be open to understand and appreciate their customs.
- We should be good in communication (both verbal and non verbal).

Tasksheet 1

Creating a social skill journal on a daily basis!

In continuation with Activity 2, add word/s to the list (manner words). You can do so on a daily/weekly basis.

Now, create a fresh story including the new word/s. There could be multiple options for creating a social skill journal. Just choose the best one you like!



Share your social skill card with your peer and exchange your situations. Do you think in either of the situation you could have handled better?

Tasksheet 2: Social Skills Card

Creating a social skills' card

- *Cutout a thick piece of paper.*
- *Decorate it along borders.*
- *By using a pen or a sketch pen write on it –*
 - ✓ *a real life situation*
 - ✓ *how you would solve that situation*



Source – <https://www.thepathway2success.com/teaching-social-problem-solving-with-a-free-activity/>

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