



Students' Scaffolding Series

LEARNING TO LEARN BETTER

Pre-Session Activity

How do you learn? Answer the following in a 'yes/no'.

1. Do you learn from **your friend** ? _____

2. Do you learn from **your Parents** ? _____

3. Do you learn by **reading/writing your lessons repeatedly** on paper ? _____

4. Do you learn by **watching videos?** _____



We should not only learn new things but learn how to learn in a better way for effective learning.

Learning Outcomes

- The importance of 'learning to learn better'
- How to study right and learn better
- Remember the important rules



Importance of Learning to Learn Better

REMEMBER

- We can **save time** by better learning
- We **do not forget** what we have learnt
- We can **easily recall** what we have learnt
- We can **apply in our life** what we have learnt



To learn better we have to practice a few learning techniques daily.

Time is Precious

Let's go through an interesting video on time management.

“Time is precious”.

This is an interesting video where we learn the importance of managing time.

<https://www.youtube.com/watch?v=UsBgXEYQO-o>



‘Managing time’ is the most important step.

Discussion on the Video

1. *How did Sonu spend his days before exam?*
2. *Why was he crying?*
3. *What mistakes did he do?*
4. *Do you think he wasted his time?*
5. *What did Vani do before exam?*
6. *What do you do before exam?*



*Everything starts with planning and managing time.
Time management is the first step to learn in a better way.*

Let's see in the next slide the tips to 'study right and learn better'.

Activity Time – Peer Learning

Divide participants into groups.

Ask each group to write their **best way of studying at home.**

Ask others **if they do same** / which one they will **take away** further.



Tell the participants that each of us is unique and we should appreciate others for their good habits and learn from them.

Study Right and Learn Better

- **Take care of yourself**

- Eat healthy food and sleep on time.



- **Manage your time**

- Finish your homework before going to bed



- **Share your problems and solve them**

- Take help of your parents and older siblings if needed



- **Make best use of time**

- Develop self-discipline and maintain cleanliness



- **Leave the habit of delaying things**

- Avoid excuses



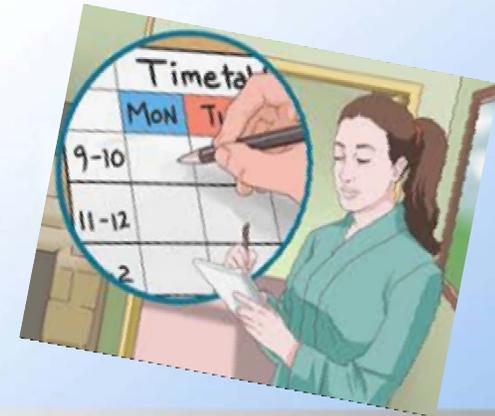
- **Practice well before test**

- Read and write answers again and again



- **Plan to study**

- Ask your parents/siblings to prepare a routine for you and try to follow it



Tasksheet

Take some pieces of paper (all identical) and write some situations, one on each. For example:

‘Sanju keeps on playing for long hours. He keeps saying that he will start studying from tomorrow. His exams are also approaching. What would you suggest him?’



‘Ridhima practices maths just by reading the questions and solution, however her performance in maths is not improving, what should she do?’

Tasksheet (Contd...)

Fold these papers and put them in a bowl. Call students in pairs and ask them to pick a piece of paper. They will now read the situation. Ask them to provide a suitable solution for the situation mentioned on the piece of the paper.

Initiate a 5-minute (keep time track) discussion in the class on the solution provided by the pair of the students. Try to cover as many common situations as possible.



Any
Questions?

THANK
you